



Thyroid Cancer

Patient Education Resource Center (PERC)
Information Guide

Brochures

- National Cancer Institute. **What You Need to Know about Thyroid Cancer**. A printable version is available at:
<http://www.cancer.gov/cancertopics/wyntk/thyroid>
- Thyroid Foundation of America and the American Thyroid Association. **Cancer of the Thyroid**. A printable version is available at:
<http://www.thyroid.org/patients/brochures/ThyroidCancerFAQ.pdf>

Articles

- Roman, Sanziana. **Cancer of the Thyroid**. News from SPOHNC; Vol. 11, No. 6, March 2002. Access online at: <http://spohnc.org/newslet.html>

Books

- Gilletz, Norene. **The Low Iodine Diet Cookbook: Easy and Delicious Recipes & Tips for Thyroid Cancer Patients**. [S.L.] : Your Health Press, 2005.
- Rosenthal, M. Sara. **Thyroid Cancer Book**. 2nd Ed. Victoria, B.C.: Trafford, 2003.
- Van Nostrand, Douglas; Bloom, Gary; Wartofsky, Leonard. **Thyroid Cancer: A Guide for Patients**. Baltimore, MD: Keystone Press, 2004.

Web Resources

- **All About Thyroid Cancer** at the American Cancer Society site
 - Go to the American Cancer Society site at: <http://www.cancer.org/>
 - Click on: "Choose a cancer topic"
 - Select "Thyroid Cancer" from the list and click "Go"
 - Click on: "All About Thyroid Cancer"

The purpose of this information guide is to direct patients and health care professionals to sources of information on cancer and related topics, it does not constitute an endorsement of the information contained in the resources. This list is not meant to be comprehensive, but rather to provide starting points for Information seeking.

All listed materials can be found at the Patient Education Resource Center of the University of Michigan Comprehensive Cancer Center in room B1-361. An online version of this document can be found at:
<http://www.cancer.med.umich.edu/learn/percpathways.htm>

- **Health Guides on Thyroid Disease #12 : Thyroid Cancer**
<http://www.thyroid.ca/Guides/HG12.html>
An overview of thyroid cancer includes a "Questions and Answers" section from the Thyroid Foundation of Canada.
- **Light of Life Foundation**
<http://www.lightoflifefoundation.org/>
This site offers easy-to-read information about thyroid cancer and a few low iodine recipes from the foundation cookbook.
- **Thyroid Cancer Home Page on Cancer.gov** <http://www.cancer.gov/>
 - Click on "Cancer Information"
 - Click on "Types of Cancer"
 - Scroll down to "Alphabetical List of Cancers", click on the letter T and select "Thyroid Cancer"
- **Thyroid-Cancer.net** <http://www.thyroid-cancer.net/>
Developed by physicians at the Johns Hopkins Thyroid Tumor Center, this site offers up-to-date, current information on thyroid cancer, as well as personalized tools to help patients re-fill prescriptions, track lab results, and prepare questions for their doctors.
- **ThyCa: Thyroid Cancer Survivors' Association** <http://www.thyca.org/>
Information on living with thyroid cancer and patient services provided by the Thyroid Cancer Survivors' Association.

Email Groups (Listservs)

- **THYROID-ONC** is an email discussion group for **thyroid cancer patients and families**, hosted by the Association of Cancer Online Resources (<http://www.acor.org/>). To join the list go to:
<http://listserv.acor.org/archives/thyroid-onc.html>

Organizations

- **Light of Life Foundation**
Web site: <http://www.lightoflifefoundation.org/>
Phone: 877-565-6325

- **ThyCa: Thyroid Cancer Survivors' Association, Inc.**
Web site: <http://www.thyca.org/>
Phone: (Toll-free) 877-588-7904
Fax: (503) 905-9725

This document is not intended to take the place of the care and attention of your personal physician or other professional medical services. Our aim is to promote active participation in your care and treatment by providing information and education. Questions about individual health concerns or specific treatment options should be discussed with your physician.

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