The purpose of this guide is to help you find information and support on talking to children about grief and bereavement. This guide provides links and references to reliable and current information sources for patients, families, and caregivers.

Many of the materials in this guide can be found at the Patient Education Resource Center (PERC) in the University of Michigan Comprehensive Cancer Center, Level B2.

**Brochures**

- New York Life. *After a Loved One Dies – How Children Grieve & How To Support Them.* Available at the PERC and online at:

- New York Life. *When Families Grieve. Sesame Street Grief Kit.* Available at the PERC and online at:

- Rogers, Fred and Sharapan, Hedda. *Talking with Young Children About Death.*

- University of Michigan Comprehensive Cancer Center. *Coping through Transitions: A Guide for Those Who are Grieving.* Available at the PERC and online at:

**Books**

**For Children**


**For Teens**


**For Adults Helping Children**


Audiovisual Resources


Web Resources

- **Doug Center**
  [http://dougy.org](http://dougy.org)
  The Doug Center is a leading organization providing grief support services to children and teens, as well as training and education to professionals in the field. The site helps to locate local grief support groups, and offers information and resources on helping children and teens that have experienced the death of a parent, sibling, or friend.

- **Ele's Place**
  [http://elesplace.org](http://elesplace.org)
  Ele's Place is a nonprofit, community-based organization dedicated to creating awareness of and support for grieving children and their families. Located in Ann Arbor, Grand Rapids, and Lansing.

- **Hello Grief**
  [http://hellogrief.org](http://hellogrief.org)
  A place to share and learn about grief and loss.

- **Kidsaid.com**
  [http://kidsaid.com/k2k_support.html](http://kidsaid.com/k2k_support.html)
  A companion site to griefnet.org, Kidsaid.com provides a safe environment for grieving kids and their parents to find information and ask questions.

- **National Alliance for Grieving Children**
  [https://childrengrieve.org](https://childrengrieve.org)
  This site supports awareness of the needs of children and teens greiving a death – and provides education and resources for healing.

University of Michigan Programs

- **Families Facing Cancer Program** at the University of Michigan Comprehensive Cancer Center. This program focuses on resources and programs for children who have a parent or other adult family member confronting cancer.

- **Grief and Loss Program** at the University of Michigan Comprehensive Cancer Center
  This site has information about events and resources for families dealing with loss.
The online booklet “Coping with Transitions” has valuable information for people who have just lost a loved one.

**Community Programs for Grieving Children & Teens**

- **Ele’s Place** of Lansing, Grand Rapids, and Ann Arbor:  
  [http://elesplace.org](http://elesplace.org)

- **Gilda’s Club of Grand Rapids**  
  [http://gildasclubgr.org](http://gildasclubgr.org)

- **Gilda’s Club of Metro Detroit**  
  [http://gildasclubdetroit.org](http://gildasclubdetroit.org)

- **Hospice Directory**  
  [http://hospicedirectory.org](http://hospicedirectory.org)
  Hospice programs may also offer programs for bereaved children and teens and can be contacted for this information.

- **National Alliance for Grieving Children**  
  [https://childrengrieve.org](https://childrengrieve.org)
  Provides a complete listing of Michigan and other State programs and camps for bereaved children and teens.

- **Sandcastles**  
  [http://aboutsandcastles.org](http://aboutsandcastles.org)
  SandCastles provides a caring place for children, teens, and their families who have experienced a death, to share their loss and journey through grief in a safe and supportive environment.