Sexuality and Cancer

The purpose of this guide is to help patients and families find sources of information and support. This list is meant to provide links to authoritative, up-to-date information sources for patients, families, and caregivers.

The materials in this guide can be found at the Patient Education Resource Center (PERC) in the University of Michigan Comprehensive Cancer Center B2 lobby. Visit us online at: http://www.mcancer.org/support/learning-about-cancer/education-resource-center

Brochures, Fact Sheets

- American Cancer Society publications:
  - Sexuality for the Man with Cancer
  - Sexuality for the Woman with Cancer

Books


Audiovisual Resources
• Cancervive. Spouse to Spouse: What It’s Like When Your Partner has Cancer. Los Angeles, CA: Cancervive, 1999. (17 min.)

• Cancervive. The Ties that Bind: When Your Partner has Breast Cancer. Los Angeles, CA: Cancervive, 2006. (26 min.)


Web Resources
• American Cancer Society section on Sexuality
  http://www.cancer.org
  → Click on “Find Support & Treatment”
  → Click on “Treatments and Side Effects”
  → Click on “More Physical Side Effects” under “Dealing with Side Effects”
  → Scroll down and select “Fertility and Sexual Side Effects” for either Women or Men

• American Society of Clinical Oncology’s Cancer.net section on Sexual and Reproductive Health
  http://www.cancer.net
  → Click on “Coping & Emotions”
  → Click on “Sexual and Reproductive Health”
• **LiveStrong section on Sexual Health After Cancer**
  [http://www.livestrong.org](http://www.livestrong.org)
  → Click on “Get Cancer Support”
  → Click on “Explore Resources Online”
  → Click on “Finishing Treatment”
  → Click on “Sexual Health After Cancer” for either Male of Female

• **Macmillan Cancer Support section on Cancer and Sexuality**
  → Go to [http://www.macmillan.org.uk/](http://www.macmillan.org.uk/)
  → Click on “Information & Support”
  → Click on “Coping”
  → Click on “Relationships”

**University of Michigan Resources**

• **University of Michigan Center for Sexual Health**
  This center is dedicated to advancing sexual health through treatment, community education, training and research. The center, part of the University of Michigan Department of Social Work, is staffed by Certified Sex Therapists who are mental health professionals specializing in the treatment of sexual difficulties.

**Email Groups (Listservs)**

• **CANCER-SEXUALITY** is an [email discussion group focusing on sexuality after diagnosis](http://listserv.acor.org/archives/cancer-sexuality.html), hosted by the Association of Cancer Online Resources (ACOR)