



# Sexuality and Cancer

Patient Education Resource Center (PERC)  
Information Guide

---

## Brochures

- American Cancer Society publications:  
**Sexuality and Cancer: For the Woman who has Cancer and Her Partner.**  
**Sexuality and Cancer: For the Man who has Cancer and His Partner.**

## Articles

### For all

- Cole, Diane. **Let's Talk About Sex.** InTouch; Vol. 4, No.1, January 2002. (p. 41).
- Gallo-Silver, Les L **Reawakening Physical Intimacy During Cancer Treatment.** Coping; Vol. 20 no. 2 , March/April 2006. (p. 38)
- Wu, Hillary. **Sexuality and Cancer.** Coping; Vol. 19, No. 3, May/June 2005. (p.42).

### For Men and their Partners

- Dattoli, Michael J. **Managing Erectile Dysfunction after Prostate Cancer.** Coping; Vol. 20 No. 1, January/February 2006. (p.48)
- Laken, Keith. **Redefining "Normal": How to Rediscover Sexual Intimacy While Living With Impotence.** Coping; Vol. 17, No. 1, January/February 2003. (p.32).
- Tal, Raanan and Mulhall, John P. **Men, Men, Cancer and Sexual Health.** Coping; Vol. 19, No. 5, September/October 2005. (p.62)
- Waldren, Theresa. **Sexual Dysfunction after Prostate Cancer.** Cure; Vol. 1, No. 1, Spring 2002. (p.36).

---

The purpose of this information guide is to direct patients and health care professionals to sources of information on cancer and related topics, it does not constitute an endorsement of the information contained in the resources. This list is not meant to be comprehensive, but rather to provide starting points for Information seeking.

All listed materials can be found at the Patient Education Resource Center of the University of Michigan Comprehensive Cancer Center in room B1-361. An online version of this document can be found at:  
[http://www.cancer.med.umich.edu/support/information\\_guides.shtml](http://www.cancer.med.umich.edu/support/information_guides.shtml)

### **For Women and their Partners**

- Walston, Jeannine. **Sexuality after Breast Cancer**. Cure; Vol. 2, No. 4, Winter 2003. (p.62).

### **Audiovisual Resources**

- Medical Media Associates. **Intimacy**. (Woman to Woman Series), 2001. (30 min.).  
Breast cancer survivors and their spouses talk about issues of intimacy, sexuality and love after breast cancer.
- Krahn, Leona. **Not Alone. Couples Share Candidly about Prostate Cancer**. Winnipeg, CA : Krahn Communications, 1998. (44 min.).

### **Books**

- Alterowitz, Ralph ; Alterowitz, Barbara. **Intimacy with Impotence: The Couple's Guide to Better Sex after Prostate Disease**. Cambridge, MA: Da Capo Lifelong Books, 2004.
- Ellsworth, Pamela. **One Hundred Questions & Answers about Erectile Dysfunction**. Sudbury, MA: Jones and Bartlett Publishers, 2003.
- Foley, Sallie. **Sex Matters for Women: A Complete Guide to Taking Care of Your Sexual Self**. New York, NY: The Guilford Press, 2002.
- Katz, Anne. **Women Cancer Sex**. Pittsburgh, Pa. : Hygeia Media, 2009.
- Laken, Keith. **Making Love Again: Hope for Couples Facing Loss of Sexual Intimacy**. Sandwich, MA: Ant Hill Press, 2002.

### **Web Resources**

- **Sexuality and cancer on the Macmillan Cancer Support site**
  - Go to <http://www.macmillan.org.uk/Home.aspx>
  - Click on Cancer Information Select "Living with and After Cancer"
  - Under "Relationships & Communication" Select "You & Your Partner"
  - Select "Sexuality"

- **Sexuality on the American Cancer Society' site**
  - Go to: <http://www.cancer.org>
  - Click on "Patients, Family & Friends"
  - Click on "Preparing for Treatment"
  - Click on: "Treatment Topics and Resources"
  - Click on: "Physical Changes & Appearance"
  - Sexuality topics are on the bottom right of the page
- LiveStrong. **Female Sexual Dysfunction** and **Male Sexual Dysfunction.**
  - Go to <http://www.livestrong.org>
  - Point your curser on "Cancer Support" and click on "Learn About Cancer"
  - Click on "Read about Your Physical, Emotional and Practical Concerns" and then on "Physical Effects of Cancer".
- cancer.net. **Sexual and Reproductive Health.**
  - Go to: <http://www.cancer.net>
  - Click on "Coping" and then on: "Emotional and Physical Matters"

### Email Groups (Listservs)

- **CANCER-SEXUALITY** is an **email discussion group focusing on sexuality after diagnosis**, hosted by the Association of Cancer Online Resources ACOR (<http://www.acor.org>).
  - To subscribe go to: <http://listserv.acor.org/archives/cancer-sexuality.html>

This document is not intended to take the place of the care and attention of your personal physician or other professional medical services. Our aim is to promote active participation in your care and treatment by providing information and education. Questions about individual health concerns or specific treatment options should be discussed with your physician.

©2009 The Regents of the University of Michigan  
Document #0053/ Revised October 2009