



# Radiation Therapy

## Patient Education Resource Center (PERC) Information Guide

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### Brochures

National Cancer Institute. **Radiation Therapy and You: A Guide to Self-Help During Treatment.** A printable version is available online at:  
[www.cancer.gov/cancerinfo/radiation-therapy-and-you](http://www.cancer.gov/cancerinfo/radiation-therapy-and-you)

### Books

- Cukier, Daniel. **Coping with Radiation.** New York, NY: McGraw Hill, 2005.  
Explains the process of radiation therapy including physical and emotional issues. Reviews the radiation treatment for specific cancers.
- Dodd, Marilyn. **Managing the Side Effects of Chemotherapy and Radiation: A Guide for Patients and Their Families.** New Ed. San Francisco, CA: UCSF Nursing Press, 2001.  
Provides a list of commonly affected sites and side effects, and suggestions for their management.
- Kornmehl, Carol. **Best News about radiation Therapy: How to Cope and Survive.** Howell, N.J.: Academic Radiation Oncology Press, 2003.
- Lyss, Alan P., Humberto Fagundes, and Patricia Corrigan. **Chemotherapy & Radiation for Dummies.** Hoboken, NJ: Wiley, 2005.

### Audiovisual Resources

- **University of Michigan Department of Radiation Oncology. Introduction to Radiation Therapy.** Ann Arbor, MI: BMC Media Services, 2002. May be viewed online at: [www.med.umich.edu/radonc/patientinfo/patient.htm](http://www.med.umich.edu/radonc/patientinfo/patient.htm)

### Web Resources

- **Answers to Your Radiation Therapy Questions.** [www.rtanswers.org](http://www.rtanswers.org)  
The information on this Web site was created by members of the American Society for Therapeutic Radiology and Oncology (ASTRO). The site includes information on radiation therapy for specific cancer types, external beam radiation, internal radiation seeds (brachytherapy) and other radiation methods.

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The purpose of this information guide is to direct patients and health care professionals to sources of information on cancer and related topics, it does not constitute an endorsement of the information contained in the resources. This list is not meant to be comprehensive, but rather to provide starting points for Information seeking.

All listed materials can be found at the Patient Education Resource Center of the University of Michigan Comprehensive Cancer Center in room B1-361. An online version of this document can be found at:  
<http://www.cancer.med.umich.edu/learn/percpathways.htm>

- **American Society of Radiologic Technologists.** Radiation Therapy
  - Go to: [www.asrt.org](http://www.asrt.org)
  - On the left sidebar select “The Public” and then “About Your Exam”
  - Scroll down to links about radiation therapy
- **Oncolink's section on Radiation Oncology** [www.oncolink.com](http://www.oncolink.com)  
An introduction to radiation oncology and an overview of the radiation process.
  - Click on “treatment options” on the left side bar
  - Select “radiation therapy”
- **RadiologyInfo. Radiation Therapy.**
  - Go to: [www.radiologyinfo.org](http://www.radiologyinfo.org)
  - On the left sidebar click on “Radiation Therapy”  
  
The public information Web site developed and funded by the American College of Radiology (ACR) and the Radiological Society of North America (RSNA) provides information on procedures and equipment used to treat several types of cancer.
- **University of Michigan Department of Radiation Oncology: Information for the Patient.** [www.med.umich.edu/radonc/patientinfo/guide.htm](http://www.med.umich.edu/radonc/patientinfo/guide.htm)

This document is not intended to take the place of the care and attention of your personal physician or other professional medical services. Our aim is to promote active participation in your care and treatment by providing information and education. Questions about individual health concerns or specific treatment options should be discussed with your physician.

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