

# Prostate Cancer

Patient Education Resource Center (PERC)  
Information Guide

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## Brochures

- Michigan Cancer Consortium. **Making the Choice: Deciding What to Do About Early Stage Prostate Cancer.** Available as a booklet, an audiotape and CD. Printable version available at: <http://www.prostatecancerdecision.org> in English, Spanish and Arabic.
- National Cancer Institute. **What You Need to Know about Prostate Cancer.** A printable version is available through the NCI's publications' locator at: <https://cissecure.nci.nih.gov/ncipubs/>
- National Cancer Institute. **Understanding Treatment Choices for Prostate Cancer.**  
A printable version is available at: <https://cissecure.nci.nih.gov/ncipubs/>
- NCCN. **Prostate cancer Treatment Guidelines for Patients.** Version V, 2005. A printable version is available at: <http://www.nccn.org/patients>

## Books

- American Cancer Society. **Complete Guide to Prostate Cancer.** Atlanta, GA: American Cancer Society, 2005.
- Ellsworth, Pamela; Heaney, John A.; Gill, Oliver. **100 Questions & Answers about Prostate Cancer.** Boston, MA: Jones and Bartlett Publishers, 2003.
- Centeno, Arthur; Onik, Gary. **Prostate Cancer: A Patient's Guide to Treatment.** Omaha, NE: Addicus Books, 2004.
- Klein, Eric A. **Prostate Surgery: Everything You Need to Know, from Diagnosis to Recovery.** Hoboken, NJ: John Wiley & Sons, Inc, 2003.
- Pienta, Kenneth J. **Prostate Cancer from A-Z.** Ann Arbor, MI: Ann Arbor Media Group, 2004.

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The purpose of this information guide is to direct patients and health care professionals to sources of information on cancer and related topics, it does not constitute an endorsement of the information contained in the resources. This list is not meant to be comprehensive, but rather to provide starting points for Information seeking.

All listed materials can be found at the Patient Education Resource Center of the University of Michigan Comprehensive Cancer Center in room B1-361. An online version of this document can be found at:  
[http://www.cancer.med.umich.edu/support/information\\_guides.shtml](http://www.cancer.med.umich.edu/support/information_guides.shtml)

- Scardino, Peter T. **Dr. Peter Scardino's Prostate Book: The Complete Guide to Overcoming Prostate Cancer, Prostatitis, and BPH.** New York, NY: Penguin Group, 2005.
- Torrey, E. Fuller. **Surviving Prostate Cancer: What You Need to Know to Make Informed Decisions.** New Haven : Yale University Press, 2006
- Walsh, Patrick C. **Dr. Patrick Walsh's Guide to Surviving Prostate Cancer.** 2nd ed. New York : Warner Wellness, 2007.

### Audiovisual Resources

- Krahn, Leona. Not Alone: **Couples Share Candidly About Prostate Cancer.** Winnipeg, Canada: Krahn Communications, 1998 (44 minutes).
- Schroeder, Don. **Prostate Cancer: A Journey of Hope.** Banyan Communications, Inc., 1999 (57 minutes).
- Patient Education Institute. . **Prostate Cancer: What is it?** and **Prostate Cancer - Radiation Therapy Interactive Tutorials** at Medlineplus.gov
  - Access at: <http://www.medlineplus.gov>.
  - Click on: "Interactive Tutorials" and select from a list.

A slide show with voice-over and graphics explain the anatomy and treatment options for colon and rectal cancer.

### Web Resources

- **All About Prostate Cancer**
  - Go to the American Cancer Society site at <http://www.cancer.org>
  - Click on "Choose a Cancer Topic"
  - Select "Prostate Cancer" from list and click "Go"
  - Click on "All About Prostate Cancer"
- **Michigan Urology Center** <http://www.med.umich.edu/urology/>  
Patient information from the Department of Urology at the University of Michigan Health System.



- **Making the Choice** <http://www.prostatecancerdecision.org>  
Provided by the Michigan Cancer Consortium this site covers the different treatment option for early stage prostate cancer and guides patients in deciding on the option that is best for them.
- **Prostate Cancer** section on the Cancer.net site
  - Access at: <http://www.cancer.net> and click the image under "For Patients, Family & Friends"
  - Click on "Cancer Types" and select from the listAn overview of prostate cancer an in-depth information about research news and survivorship issues.
- **Prostate Cancer Foundation**  
<http://www.prostatecancerfoundation.org>  
The site includes a wealth of information about risk factors, screening, diagnosis and treatment of prostate cancer. Especially useful is the ability to download the full text of the organization's publications.
- **Prostate Health** <http://www.prostatehealth.com>  
An official website of the Prostate Health Council of the American Foundation for Urologic Disease. Includes illustrations, articles, reports and multimedia files.
- **Urologic Oncology Program at the University of Michigan Comprehensive Cancer Center**
  - Go to: <http://www.mcancer.org>
  - Click on "Cancer & Treatments"
  - Click on "Prostate Cancer"Description of the Prostate Cancer Program at the U-M Comprehensive Cancer Center and links to articles and resources.
- **Us TOO International** <http://www.ustoo.org>  
Extensive information about prostate cancer including: treatment options, post-treatment issues, clinical trials, emerging treatments and support services for patients and families. Helpful features include an archive of audio and video files and downloadable files of publications.

## Email Groups (Listservs)

- **PROSTATE** is an email discussion group for Prostate Cancer patients and families, hosted by the Association of Cancer Online Resources ACOR (<http://www.acor.org>).

To subscribe go to: <http://listserv.acor.org/archives/prostate.html>

## Organizations

US TOO International

<http://ustoo.org>

Support Hotline: (800) 80-Us TOO (800-808-7866)

This document is not intended to take the place of the care and attention of your personal physician or other professional medical services. Our aim is to promote active participation in your care and treatment by providing information and education. Questions about individual health concerns or specific treatment options should be discussed with your physician.

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