



# Procarbazine (Matulane®) Diet

While you are taking Procarbazine (Matulane®), we recommend avoiding or limiting the following:

<b>Beverages</b>	all alcoholic beverages, especially wine, ale, and beer
<b>Breads</b>	all homemade breads containing substantial quantity of yeast. You may eat any bread purchased commercially
<b>Fats</b>	sour cream
<b>Fruits</b>	bananas, oranges
<b>Meats and meat substitutes</b>	all cheeses aged game, liver, and canned meat beef or chicken livers salami
<b>Fish</b>	salted dried fish, such as herring or cod pickled herring
<b>Other</b>	sausage

<b>Vegetables</b>	italian broad beans eggplant tomatoes (limit to ½ cup daily or ½ cup tomato daily)
<b>Miscellaneous</b>	yeast concentrations soup cubes (bouillon) commercial gravies or meat extracts soy sauce yogurt

**This document is not intended to take the place of the care and attention of your personal physician or other professional medical services.  
Our aim is to promote active participation in your care and treatment by providing information and education.  
Questions about individual health concerns or specific treatment options should be discussed with your physician.**

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