Ovarian Cancer

The purpose of this guide is to help patients and families find sources of information and support. This list is meant to provide links to authoritative, up-to-date information sources for patients, families, and caregivers.

The materials in this guide can be found at the Patient Education Resource Center (PERC) in the University of Michigan Comprehensive Cancer Center B2 lobby. Visit us online at: http://www.mcancer.org/support/learning-about-cancer/education-resource-center

Brochures, Fact Sheets

- Foundation For Women’s Cancer
  - Understanding CA 125 Level: A Guide for Ovarian Cancer Patients
  - Understanding Ovarian Cancer

  Also available online at:
  http://www.foundationforwomenscancer.org/educational-materials/ovarian-cancer/

- National Cancer Institute. What You Need to Know about Ovarian Cancer

- National Ovarian Cancer Coalition
  - Ovarian Cancer Quality of Life Issues
  - When a Loved One has Ovarian Cancer

  These titles as well as others are available at:
  http://ovarian.org/brochures_and_newsletters.php

Books


• Salani, Ritu; Bristow, Robert; Shockney, Lillie; Shapiro, Gary R. *Johns Hopkins Patients' Guide to Ovarian Cancer*. Boston: Jones and Bartlett Publishers, 2009.


Audiovisual Resources

• National Ovarian Cancer Coalition Videos
  - Caregivers Role in Managing Symptoms & Side Effects
  - Communicating Effectively with Your Physician
  - Dealing with Recurrence
  - Dealing with Treatment Burnout
  - Living with Uncertainty
  - Understanding the Genetic Risk for Ovarian Cancer


• Ovarian Cancer Interactive Tutorial at Medlineplus.gov
  [http://www.medlineplus.gov](http://www.medlineplus.gov)
    → Click on: "Videos & Cool Tools"
    → Click on “Interactive Tutorials”
    → Select “Ovarian Cancer” from the list

This slide show utilizes illustrations, sound, and animations to provide basic, easy-to-understand explanations of the anatomy, diagnosis and treatment options of ovarian cancer. It is possible to turn on a voice over or print a text version.

Web Resources

• American Cancer Society: All About Ovarian Cancer
  [http://www.cancer.org](http://www.cancer.org)
    → Click on: "Learn About Cancer"
    → Select "Ovarian Cancer" from the drop down list under “Select a Cancer Type”
    → Click on “Go”
• Cancer.Net Ovarian Cancer Guide  
  http://www.cancer.net/cancer-types/ovarian-cancer/overview  
  This site provides an overview of ovarian cancer including topics such as coping with side effects, illustrations and latest research.

• Foundation For Women’s Cancer  
  http://www.foundationforwomenscancer.org/  
  This site provides news and information on gynecologic cancers.

• National Cancer Institute  
  http://www.cancer.gov  
  → Click on “All Cancer Types”  
  → Select “Ovarian Cancer”

• National Ovarian Cancer Association  
  http://www.ovariancancer.org  
  The site of this Canadian organization provides information on the diagnosis and treatment of ovarian cancer, as well as physical and emotional aspects of living with ovarian cancer.

• National Ovarian Cancer Coalition  
  http://www.ovarian.org  
  This site has information about support services for women with ovarian cancer and about the disease.

• Ovarian Cancer National Alliance  
  http://www.ovariancancer.org  
  Information for ovarian cancer survivors about living with ovarian cancer, support groups, new research and advocacy.

**Screening, Genetics and Early Detection Information**

• National Cancer Institute  
  http://www.cancer.gov  
  → Click on “All Cancer Types”  
  → Select “Ovarian Cancer”  
  → Select “Prevention, Genetics, Causes” from menu

• FORCE: Facing Our Risk of Cancer Empowered  
  http://www.facingourrisk.org/  
  This site is for women who are at increased risk of hereditary ovarian or breast cancer and for women who have been diagnosed with these cancers.
University of Michigan Resources

- University of Michigan Gynecologic Oncology Clinic – Gynecologic Cancer Awareness
  
  http://www.mcancer.org/gynecologic-cancers/awareness
  
  This site provides information on ovarian cancer as well as other gynecologic cancers.

Organizations

- National Ovarian Cancer Coalition (NOCC)
  
  http://www.ovarian.org/
  
  Info Line: 1-888-OVARIAN (1-888-682-7426)

- SHARE: Self-help for Women with Breast or Ovarian Cancer
  
  http://www.sharecancersupport.org
  
  Helpline: 1-844-ASK-SHARE