Myelodysplastic Syndromes

The purpose of this guide is to help patients and families find sources of information and support. This list is meant to provide links to authoritative, up-to-date information sources for patients, families, and caregivers.

The materials in this guide can be found at the Patient Education Resource Center (PERC) in the University of Michigan Comprehensive Cancer Center B2 lobby. Visit us online at: http://www.mcancer.org/support/learning-about-cancer/education-resource-center

Brochures, Fact Sheets

• Aplastic Anemia & MDS International Foundation
  → What is MDS?
  A printable version is available at: http://assets.aamds.org/pdfs/ToolkitWhatIsMDS.pdf

• The Leukemia & Lymphoma Society
  → Myelodysplastic Syndromes (MDS)
  → The MDS Guide – Information for Patients and Caregivers
  A printable version of these titles is available at: http://www.lls.org/#/resourcecenter/freeeducationmaterials/mds/

• The MDS Foundation
  → What Does My Bone Marrow Do?

Books

Web Resources

- **American Cancer Society: All About Myelodysplastic Syndrome**
  
  [http://www.cancer.org](http://www.cancer.org)
  
  → Click on: "Learn About Cancer"
  
  → Select "Myelodysplastic Syndrome" from the drop down list under "Select a Cancer Type"
  
  → Click “GO”

- **Aplastic Anemia & MDS International Foundation, Inc.**
  
  [http://www.aamds.org/aplastic](http://www.aamds.org/aplastic)
  
  This site provides information on diagnosis, types, treatment and clinical trials of Myelodysplastic Syndromes.

- **Cancer.Net: Section on Myelodysplastic Syndromes – MDS** (provided by the American Society for Clinical Oncology)
  
  [http://www.cancer.net](http://www.cancer.net)
  
  → Click on “Types of Cancer”
  
  → Click on “M-Q”
  
  → Select “Myelodysplastic Syndromes”

- **MDS Foundation (Myelodysplastic Syndromes Foundation)**
  
  [http://www.mds-foundation.org](http://www.mds-foundation.org)
  
  This site includes educational resources as well as recent news and events.

- **National Cancer Institute**
  
  
  → Click on the “M” under Find a Cancer Type
  
  → Click on “Myelodysplastic Syndromes”
  
  This site provides general information about Myelodysplastic Syndromes including treatment options.

University of Michigan Resources

- **University of Michigan Comprehensive Cancer Center Information on Myelodysplastic Syndromes**
  
  
  → Click on: “Cancers and Treatments”
  
  → Select “Myelodysplastic Syndromes” from the list.
  
  A short overview of the condition and information about the hematology/oncology team at the University of Michigan Comprehensive Cancer Center.
Organizations

- Aplastic Anemia & MDS International Foundation, Inc.
  http://www.aplastic.org
  1-800-747-2820 or 410-867-0242

- Leukemia & Lymphoma Society – Michigan Chapter
  http://www.leukemia-lymphoma.org
  1-800-456-5413

- MDS Foundation
  http://www.mds-foundation.org/
  1-800-MDS-0839 or email patient liaison@mds-foundation.org