



Multiple Myeloma

Patient Education Resource Center (PERC) Information Guide

Brochures

- The Leukemia & Lymphoma Society. **Myeloma.**
A printable version is available in the “Free Materials” section of the Leukemia & Lymphoma Society website at:
<http://www.leukemia-lymphoma.org>
- Multiple Myeloma Research Foundation. **Multiple Myeloma: A Disease Overview** and **Multiple Myeloma: Treatment Overview**
A printable version is available on the Multiple Myeloma Research Foundation site at: <http://www.multiplemyeloma.org> Patients may contact the organization (address below) to receive a free copy.
- National Cancer Institute. **What Everyone Should Know About Multiple Myeloma.**
A printable version is available at:
<http://www.cancer.gov/cancerinfo/wyntk/myeloma>

Books

- Bashey, Asad. **100 Questions and Answers about Myeloma.** Sudbury, MA: Jones and Bartlett Publishers, 2005.

Newsletters

- International Myeloma Foundation. **Myeloma Today.** A printable version is available at: <http://www.myeloma.org/MyelomaToday.html>
- Multiple Myeloma Research Foundation. **Myeloma Focus.** A printable version is available at: <http://multiplemyeloma.org>

The purpose of this information guide is to direct patients and health care professionals to sources of information on cancer and related topics, it does not constitute an endorsement of the information contained in the resources. This list is not meant to be comprehensive, but rather to provide starting points for Information seeking.

All listed materials can be found at the Patient Education Resource Center of the University of Michigan Comprehensive Cancer Center in room B1-361. An online version of this document can be found at:
http://www.cancer.med.umich.edu/support/information_guides.shtml

Audiovisual Resources

- Patient Education Institute. **Multiple Myeloma Interactive Tutorial** at Medlineplus.gov
 - Access at: www.medlineplus.gov
 - Click on: "Interactive Tutorials" and select from a list.Slide shows with voice-over and graphics explain blood and marrow anatomy and treatment options for multiple myeloma.

Web Resources

- **All About Multiple Myeloma**
Overview of Multiple Myeloma and treatment options
 - Go to the American Cancer Society site at: <http://www.cancer.org>
 - Click on: "Choose a cancer topic"
 - Select "Multiple Myeloma" from the list and click "Go"
 - Click on: "All About Multiple Myeloma"
- **International Myeloma Foundation** <http://www.myeloma.org>
This informative site includes information on Multiple Myeloma, articles from Myeloma Today, a patient handbook and information about the services this organization offers to patients and families.
- **Multiple Myeloma Research Foundation** <http://www.multiplemyeloma.org>
Information on Multiple Myeloma including treatment, new research, patient-doctor conferences, and webcasts.
- **Patient information: Multiple Myeloma** on UpToDate.
 - Go to: <http://www.patients.uptodate.com>
 - Click on "Cancer"
 - Select "Multiple Myeloma" from the listThis detailed, comprehensive overview is based on professional literature reviews written for physicians. The overview utilizes some medical terminology and is appropriate for readers seeking to gain in-depth understanding of the topic.

Email Groups (Listservs)

- **MYELOMA is the Multiple Myeloma Internet Support Group** hosted by the Association of Cancer Online Resources ACOR (<http://www.acor.org>). To Subscribe go to: <http://listserv.acor.org/archives/myeloma.html>

Organizations

- **International Myeloma Foundation** <http://www.myeloma.org>
12650 Riverside Drive, Ste. 206, North Hollywood, CA 91607 USA
Tel: (800) 452-2873
- **Multiple Myeloma Research Foundation**
<http://www.multiplemyeloma.org>
3 Forest Street, New Canaan, CT 06840 Tel: (203) 972-1250
- **Leukemia & Lymphoma Society – Michigan Chapter**
<http://www.leukemia-lymphoma.org>
1412 E. 12 Mile Rd. Madison Heights, MI 48071 Tel: (800) 456-5413

This document is not intended to take the place of the care and attention of your personal physician or other professional medical services. Our aim is to promote active participation in your care and treatment by providing information and education. Questions about individual health concerns or specific treatment options should be discussed with your physician.

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