Melanoma

The purpose of this guide is to help patients and families find sources of information and support. This list is meant to provide links to authoritative, up-to-date information sources for patients, families, and caregivers.

The materials in this guide can be found at the Patient Education Resource Center (PERC) in the University of Michigan Comprehensive Cancer Center B2 lobby. Visit us online at: http://www.mcancer.org/support/learning-about-cancer/education-resource-center

Brochures, Fact Sheets

• National Cancer Institute. What You Need to Know About Melanoma and Other Skin Cancers

  Available online at: http://www.nccn.org/patients/guidelines/melanoma/

• American Cancer Society. Why You Should Know About Melanoma.

Books


• McClay, Edward; McClay, Mary-Eileen T.; Smith, Jodie. 100 Questions & Answers about Melanoma and Other Skin Cancers. Boston, MA: Jones and Bartlett, 2004.

• Poole, Catherine M. Melanoma: Prevention, Detection and Treatment. 2nd Ed. New Haven, CT: Yale University Press, 2005.

Audiovisual Resources

- Melanoma International Foundation. Examine Your Skin
  This is a video that teaches you the best way to do a thorough skin examine.

Web Resources

- AIM at Melanoma Foundation
  Provides educational information on melanoma as well as news, research and patient and caregiver support information.

- American Cancer Society: Melanoma Skin Cancer
  [http://www.cancer.org](http://www.cancer.org)
  → Click on: "Learn About Cancer"
  → Select: "Skin Cancer-Melanoma" from the drop down list under "Select a Cancer Type"
  → Click "Go"

- Cancer.Net: Melanoma (provided by the American Society for Clinical Oncology)
  [http://www.cancer.net](http://www.cancer.net)
  → Click on “Types of Cancer”
  → Click on “M-Q”
  → Select “Melanoma”

- Melanoma International Foundation
  [http://melanomaintl.org](http://melanomaintl.org)
  The Melanoma International Foundation is a patient support organization. The site has detailed information about melanoma and about programs for patients and families.

- Melanoma Research Foundation
  Information about the prevention, diagnosis and treatment of melanoma. Also focuses on awareness of this disease and the need for a cure.

- National Cancer Institute (NCI): Melanoma
  → Click on: "M" under “Find a Cancer Type”
  → Select "Melanoma" from the list
The Skin Cancer Foundation: Melanoma
http://www.skincancer.org/melanoma/
Information on diagnosis and treatment of melanoma, including a section on developing a positive outlook

University of Michigan Resources

- University of Michigan Comprehensive Cancer Center Multidisciplinary Melanoma Clinic
  http://www.mcancer.org/skin-cancer/melanoma/clinic
  This site provides Melanoma resources as well as a welcome video.

- University of Michigan UMSkinCheck App.
  A free App available for Apple products. Gives guidance on skin cancer self-exams and helps with tracking of skin lesions and moles over time.

Email Groups (Listservs)

- MEL-L is an email discussion group for melanoma patients and families, hosted by the Association of Cancer Online Resources ACOR (http://www.acor.org). To subscribe go to:
  http://listserv.acor.org/archives/melanoma.html

Organizations

- Melanoma International Foundation
  http://melanomainternational.org/
  Tel. 866.463.6663