



# Information Sheet for Prostate Brachytherapy

---

## Common Side Effects

- Frequency and/or urgency when you urinate
- Frequent urination during the night
- Pain and/or burning when you urinate
- Tenderness and inflammation in the perineum
- Fatigue

**These side effects may last for 1-2 weeks after the procedure.**

Your doctor has prescribed several medications for you to take while at home recovering from your prostate brachytherapy implant. It is important that you take all medications as directed by your physician. The medications that have been checked are the ones prescribed by your doctor. This medication fact sheet will provide you with a basic knowledge of each medication.

**[ ] Antibiotic:** \_\_\_\_\_

**Dosage:** \_\_\_\_\_

**Directions:** \_\_\_\_\_

Start the day before your procedure. An antibiotic is used to prevent infection.

**[ ] Flomax® (Tamsulosin Hydrochloride):** Dosage: 0.4mg capsule. If you are already taking Flomax, double your dose. Otherwise, take one capsule at bedtime. Start taking Flomax the day before your procedure. Flomax is used to

increase and improve flow of urine. It may cause dizziness or drop your blood pressure especially if you are taking other blood pressure medications. Take caution when changing positions (from sitting to standing) as this may cause you to faint.

[ ] **Pyridium® (Phenazopyridine Hydrochloride)**: Dosage: 100mg, three times a day for three days after each HDR treatment and then as needed.

Start taking the medication the day before your procedure. Pyridium® is used to provide relief of pain and/or burning related to urination. This medication may discolor urine and the white part of your eyeball (sclera) to an orange color causing staining of undergarments and contact lenses. If you wear contact lenses, your eyes may sting so it is recommended to wear glasses while taking this medication.

[ ] **Hydrocodone-Acetaminophen® (Vicodin)**: Dosage: May vary per patient; take as directed by your doctor. This medication is used for pain relief. Constipation can be a common side effect of this medication, so it's recommended that you eat a high fiber diet and drink lots of water.

Disclaimer: This document contains information and/or instructional materials developed by the University of Michigan Health System (UMHS) for the typical patient with your condition. It may include links to online content that was not created by UMHS and for which UMHS does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

Author: Judy Baker, RN, BSN, OCN  
Reviewers: Daniel Hamstra, MD, Ph.D.

Patient Education by [University of Michigan Health System](#) is licensed under a [Creative Commons Attribution-NonCommercial-ShareAlike 3.0 Unported License](#).

Doc# 1621. Last Revised: 07/2014