

Head and Neck Cancer

Patient Education Resource Center (PERC)
Information Guide

Brochures

- CancerCare. **A Team Approach to Treating Head and Neck Cancer**. A printable version is available at: <http://www.cancercare.org/>
- National Cancer Institute.
 - **What You Need to Know about Cancer of the Larynx**.
 - **What You Need to Know about Oral Cancer**.Printable versions are available at: <http://www.cancer.gov/>
- National Oral Health Information Clearinghouse. **Head and Neck Radiation Treatment and Your Mouth** (English and Spanish). A printable version is available at:
<http://www.nidcr.nih.gov/OralHealth/Topics/CancerTreatment/>
- SPOHNC. **We Have Walked in Your Shoes: A Guide to Oral, Head and Neck Cancer**. To order a free copy, call 1-800-377-0928 or visit:
<http://www.spohnc.org/guide.php>

Books

- Carper, Elise, Kenneth Hu, and Elena Kuzin. **100 Questions & Answers about Head and Neck Cancer**. Sudbury, MA: Jones and Bartlett, 2007.
- Thomas, Jack E. **Looking Forward: The Speech and Swallowing Guidebook for People with Cancer of the Larynx or Tongue**. 4th ed. New York, NY: Thieme, 2005.
- Leupold, Nancy E. **Eat Well – Stay Nourished: A Recipe and Resource Guide for Coping with Eating Challenges**. Lenexa, KA: Cookbook Publisher; Locust Valley, NY: SPOHNC, 2005.
- Leupold, Nancy E. and James J. Sciubba. **Meeting the Challenges of Oral and Head and Neck Cancer: A Survivor's Guide**. San Diego, CA: Plural Publishing, 2008.

The purpose of this information guide is to direct patients and health care professionals to sources of information on cancer and related topics, it does not constitute an endorsement of the information contained in the resources. This list is not meant to be comprehensive, but rather to provide starting points for Information seeking.

All listed materials can be found at the Patient Education Resource Center of the University of Michigan Comprehensive Cancer Center in room B1-361. An online version of this document can be found at:
http://www.cancer.med.umich.edu/support/information_guides.shtml

Web Resources

- **American Cancer Society** - sections on:
 - Laryngeal and Hypopharyngeal Cancer
 - Nasal Cavity and Paranasal Cancer
 - Nasopharyngeal Cancer
 - Oral Cavity and Oropharyngeal Cancer
 - Access at: <http://www.cancer.org/>
 - Click on: "Learn About Cancer"
 - Select a cancer topic from the list and click "Go"
- **Macmillan Cancer Support – Head and Neck Cancers**
 - Access at: <http://www.macmillan.org.uk/>
 - Click on "Cancer Information"
 - Click on "Cancer Types"
 - Click on "Head & Neck Cancer"
- **National Cancer Institute - Head and Neck Cancer**
 - Access at: <http://www.cancer.gov/>
 - Click on "Types of Cancer"
 - Click on "E-K" and select "Head and Neck Cancer"
- **University of Michigan Comprehensive Cancer Center - Head and Neck Cancer Information**
 - Access at: <http://www.mcancer.org/>
 - Click on "Cancer & Treatments"
 - Click on "Head and Neck"

Patient Support Organizations

- **Support for People with Oral and Head and Neck Cancer – S.P.O.H.N.C**
Website: <http://www.spohnc.org/>
Phone: (516) 759-5333

This document is not intended to take the place of the care and attention of your personal physician or other professional medical services. Our aim is to promote active participation in your care and treatment by providing information and education. Questions about individual health concerns or specific treatment options should be discussed with your physician.

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