The No. 1 Concern: Eyebrows

Our experts agreed: The thing that seems to bother people most is losing their eyebrows. Here’s a guide to drawing good eyebrows, courtesy of the Look Good … Feel Better Program.

1. Choose an eye pencil that’s right for your skin tones.

2. Hold the pencil vertically, just to the side of your nose and alongside the inner corner of your eye. Where the pencil meets your brow bone, make a small dot.

3. Keep the pencil against the side of your nose, but angle to the outer corner of your eye. Where the pencil meets your brow bone, make a small dot.

4. Hold the pencil vertically again. Place it alongside the outer part of your iris, the colored part of your eye. Where the pencil meets your brow bone, make a third dot.

5. Lightly feather a series of short lines between the three dots. Think of how your eyebrows look naturally: They usually are fuller toward the inner corner of the eye and then taper off toward the outside of your face.

6. Blend the lines with a soft brush to make them look more natural.