



Colon and Rectal Cancer

Patient Education Resource Center (PERC)
Information Guide

Brochures

- CancerCare. **Advances in the Treatment of Colorectal Cancer.** A printable version is available at:
<http://www.cancercare.org/reading.html>
- National Cancer Institute. **What You Need to Know About Cancer of the Colon and Rectum.** A printable version is available at:
<https://cissecure.nci.nih.gov/ncipubs/>
- NCCN. **Colon and Rectal Cancer: Treatment Guidelines for Patients.** Version IV, 2005. A printable version is available at:
<http://www.nccn.org/patients/>

Articles

- Heslin, Martin J. **New Options for Treating Colorectal Cancer.** Coping; Vol. 19, No. 2, March/April 2005 (p.30).
- Zangwill, Monica. **Closing In on Colon Cancer.** Cure; Vol. 3, No. 1, Spring 2004 (p.42).

Books

- Bud, David S.; Rose, Susannah; Wong, Douglas. **100 Questions & Answers About Colorectal Cancer.** Boston: Jones and Bartlett Publishers, 2003.
- Lange, Vladimir. **Be a Survivor : Colorectal Cancer Treatment Guide.** Los Angeles, CA: Lange Productions, 2006.
- Larson, Carol Ann. **Positive Options for Colorectal Cancer.** Alameda, CA: Hunter House, Inc, 2005.
- Levin, Bernard, et al. **The American Cancer Society's Complete Guide to Colorectal Cancer.** Rev. ed. Atlanta. GA: American Cancer Society, 2006.

The purpose of this information guide is to direct patients and health care professionals to sources of information on cancer and related topics, it does not constitute an endorsement of the information contained in the resources. This list is not meant to be comprehensive, but rather to provide starting points for Information seeking.

All listed materials can be found at the Patient Education Resource Center of the University of Michigan Comprehensive Cancer Center in room B1-361. An online version of this document can be found at:
<http://www.cancer.med.umich.edu/learn/percpathways.htm>

- Metz, James M.; Hampshire Margaret K. **OncoLink patient guide: Colorectal cancer**. Edinburgh; Philadelphia: Elsevier/Saunders, 2003.
- Pochapin, Mark Bennet. **What Your Doctor May Not Tell You About Colorectal Cancer: New Tests, New Treatments, New Hope**. New York, NY: Warner Books, 2004.

Audiovisual Resources

- Patient Education Institute. **Colon Cancer Interactive Tutorial** and **Colon Cancer Surgery Interactive Tutorial** at Medlineplus.gov

→ Access at: <http://www.medlineplus.gov>

→ Click on: "Interactive Tutorials" and select from a list.

Slide shows with voice-over and graphics explain the anatomy and treatment options for colon and rectal cancer.

Web Resources

- **All About Colon and Rectum Cancer**

→ Go to the American Cancer Society site at: <http://www.cancer.org>

→ Click on: "Choose a cancer type"

→ Select "Colon and Rectum Cancer" from the list and click "Go"

→ Click on: "All About Colon and Rectum Cancer"

- **Colon and Rectal Cancer page on cancer.gov**

→ Go to the National Cancer Institute site at: <http://www.cancer.gov>

→ Under "Types of Cancer" click on "Colon and Rectal Cancer"

- **Colon Cancer Alliance** <http://www.ccalliance.org>

This site provides comprehensive information and news on colon cancer as well as information on support services and advocacy activities of the Colon Cancer Alliance.

- **Colorectal Cancer Coalition** <http://www.fightcolorectalcancer.org>

The site of this advocacy organization has information about colorectal cancer diagnosis and treatment and news about colorectal cancer advocacy.

- **Colorectal Cancer Network** <http://www.colorectal-cancer.net>
Overviews of colon and rectal cancer by stage, as well as information on support groups and other services for colorectal cancer patients and families.

Email Groups (Listserves)

- COLON CANCER is the **Colon Cancer Internet Support Group** email discussion group hosted by the **Association of Cancer Online Resources ACOR** (<http://www.acor.org>).

To subscribe go to: <http://listserv.acor.org/archives/colon.html>

Organizations

- **Colon Cancer Alliance** <http://www.ccalliance.org>
175 Ninth Avenue, New York, NY 10011. Tel. (212) 627-7451
Toll Free Helpline (877) 422-2030
- **Colorectal Cancer Network** <http://www.colorectal-cancer.net>
P.O. Box 182, Kensington, MD 20895-0182. Tel. (301) 879-1500

This document is not intended to take the place of the care and attention of your personal physician or other professional medical services. Our aim is to promote active participation in your care and treatment by providing information and education. Questions about individual health concerns or specific treatment options should be discussed with your physician.

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