

The purpose of this guide is to help you find information and support on clinical trials. This guide provides links and references to reliable and current information sources for patients, families, and caregivers.

Many of the materials in this guide can be found at the Patient Education Resource Center (PERC) in the University of Michigan Comprehensive Cancer Center, Level B2.

Brochures and Fact Sheets

- CancerCare. **Clinical Trials: Improving the Care of People Living With Cancer.** http://cancer.org/publications/23-clinical_trials_improving_the_care_of_people_living_with_cancer
- National Cancer Institute. **Taking Part in Cancer Treatment Research Studies.** Available at the PERC and online at: <http://cancer.gov/publications/patient-education/CRS.pdf>

Books

- Beer, Tomasz M. **Cancer Clinical Trials: A Commonsense Guide to Experimental Cancer Therapies and Clinical Trials.** New York, DiaMedica Publishing, 2012.
- Mulay, Marilyn. **Making the Decision: A Cancer Patient's Guide to Clinical Trials.** Sudbury, MA: Jones and Bartlett Publishers, 2002.
Review of the decision-making process, drug development, the business of clinical research and structure of clinical trials, as well as patients' rights, finances, and care of the research subject.
- Speid, Lorna. **Clinical trials: What Patients and Healthy Volunteers Need to Know.** New York, NY: Oxford University Press, 2010.

Audiovisual Resources

- National Cancer Institute. **Understanding Clinical Trials.** 2008. 17 minutes. DVD.
This DVD talks about types of clinical trials, how they are conducted, and what to think about if you consider participating in a trial.

Web Resources

- **American Cancer Society section on Clinical Trials**
<http://cancer.org/treatment/treatmentsandsideeffects/clinicaltrials/index>
Here you can find information on clinical trials in general, tools to help you decide if a clinical trial may be right for you, and information on the American Cancer Society's Clinical Trials Matching Service.

- **American Society of Clinical Oncology’s Cancer.net section on Clinical Trials**
<http://cancer.net/navigating-cancer-care/how-cancer-treated/clinical-trials>
Cancer.net, provided by the American Society of Clinical Oncology, helps explain clinical trials, the various phases of trials, patient safety, and informed consent as well as healthcare coverage. Videos and podcasts are included.
- **Coalition of Cancer Cooperative Groups**
<http://cancertrialshelp.org>
The Coalition of Cancer Cooperative Groups site covers myths about clinical trials, informed consent, insurance considerations, and questions to ask the doctor. The search form includes nine simple questions. The site also includes the full text of the coalition’s brochures and fact sheets, frequently asked questions, and a glossary.
- **National Cancer Institute (NCI) section on Clinical Trials**
<http://cancer.gov/ClinicalTrials>
This site provides a searchable database of clinical trials, explanations of the phase structure of trials, the rights of participants, costs, and informed consent.

To find trials, access the search form at:

<http://cancer.gov/clinicaltrials/search>

A step-by-step guide or video for searching the NCI’s clinical trials database is available by clicking on “*Help Using the NCI Clinical Trials Search Form*” or by clicking on “*Video Guide: How to Use the NCI Clinical Trials Search Form*”, both located on the left hand side of the page.

Another way to search the NCI database:

- **US/National Institutes of Health ClinicalTrials.gov**
<http://clinicaltrials.gov>
This site, by the U.S. National Institutes of Health, searches all of the National Institute of Health trials, including the NCI database as described above. This site includes a “*Search Help*” section to the right of the research box.
- **National Institutes of Health (NIH) section on Clinical Research Trials and You**
<https://nih.gov/health-information/nih-clinical-research-trials-you>
This site includes information and educational resources about clinical trials. This site also includes a registry for research volunteers to help match them with researchers.

University of Michigan Resources

- **The University of Michigan Comprehensive Cancer Center Clinical Trials Information**
<http://mcancer.org/clinical-trials>
Gives an introduction to clinical trials, information about participating in a clinical trial, and links to additional resources. Includes several short video clips.

- **Locating Clinical Trials through the University of Michigan Clinical Trials database**

<https://umclinicalstudies.org>

The gateway to research studies at the University of Michigan Health System includes cancer clinical trials. It is possible to use a menu and search by condition or use the search form to search by keyword and other categories.

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Document #0037/ Compiled by Amy Hyde, MILS, Patient Education Resource Center Librarian

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