



Children with Cancer

Patient Education Resource Center (PERC)
Information Guide

Brochures

- American Cancer Society. **What Happened to You, Happened to Me.**
For teenagers.

Coloring Books

- Candlelighters Childhood Cancer Foundation. **Lift Me Up.** A 22 page coloring book is filled with inspirational pictures to color for the 3-10 year old child diagnosed with cancer. Order free online at <http://www.candlelighters.org> or call 800-366-2223.
- Leukemia and Lymphoma Society.
 - **The Stem Cell Transplant Coloring Book.**
 - **Pictures of my Journey.**To access online to to: <http://www.leukemia-lymphoma.org/> and click on "Free Materials" and then on "Support".

Books *(List arranged by age)*

For all:

- Klett, Amy. **Amazing Hannah: Look at Everything I Can Do!** Candlelighters; 2002.
For children ages 2-6. Order free online at <http://www.candlelighters.org>
- Homer, Melodie, and Andy Lendway. **Chemo Crusader and the Cancer Fighting Crew.** Marlton, N.J: PEPCO, 1999.
- Gordon, Apel Melanie. **Let's Talk About: When Kids Have Cancer.** New York: Power Kids Press, 1999.
A book for kids with cancer ages 4-8.
- Krisher, Trudy. **Kathy's Hats.** Morton Grove, IL: Albert Whitman and Co., 1992.
Beautifully illustrated story of a girl with cancer focuses on hair loss.
For ages 4-10.

The purpose of this information guide is to direct patients and health care professionals to sources of information on cancer and related topics, it does not constitute an endorsement of the information contained in the resources. This list is not meant to be comprehensive, but rather to provide starting points for Information seeking.

All listed materials can be found at the Patient Education Resource Center of the University of Michigan Comprehensive Cancer Center in room B1-361. An online version of this document can be found at:
http://www.cancer.med.umich.edu/support/information_guides.shtml

- Cranston, Lynda. **You and Your Cancer: A Child's Guide**. Hamilton, Ontario: BC Decker Inc, 2001.
Text, illustrations and activity pages aimed at children with cancer.
- Keene, Nancy & Romain, Trevor. **Chemo, Crazyness & Comfort: My Book About Childhood Cancer**. Candlelighters; 2002.
For children ages 6-12. Order free online at <http://www.candlelighters.org>
- Trillin, Alice. **Dear Bruno**. New York, NY: The New Press, 1996.
A letter from an adult cancer survivor to a 12 year old boy with cancer.
- Field, Molly. **Through and Beyond: 13 Teenagers Share Their Battles with Cancer**. Wicasset, ME: Molly Field, 1998.
Chapters are divided by topic. Thirteen teenagers talk about their experiences with cancer such as: dealing with the diagnosis, going back to school, peer relations, hair loss, choosing a port-a-cath vs. a central line, support systems, self-esteem etc. *For ages 13-18*.
- Gill, Kathleen, A. **Teenage Cancer Journey**. Pittsburgh, PA: Oncology Nursing Press, 1999.
Insight into the special issues facing young people who have been diagnosed with cancer. Struggle with philosophical questions, peers, hair loss, looks, family and balancing school responsibilities while undergoing treatment.

Bone Marrow Transplants

- Lilleby, Kathryn U. **Stevie's New Blood**. Pittsburgh, PA: Oncology Nursing Press, 2000.
This book is intended for children who are undergoing a bone marrow transplant. It explains the process with lovely illustrations and two text levels: *a large print version for kids ages 6-10*, and *a small print version for ages 10-17*. Younger children can follow the illustrations.
- Crowe, Karen. **Me and My Marrow: a Kid's Guide to Bone Marrow Transplants**. Deerfield, IL: Fugisawa Healthcare, Inc., 1999.
Explanations and advice on coping with a Bone Marrow Transplant. *For ages 10-18*. A printable version is available at: <http://www.meandmymarow.com>

Brain Tumors

- Rose, Ellen. **Ellen Rose's Story**. Boston, MA: Brain Tumor Society.
Written by a five-year-old girl about her life with a brain tumor. It describes her surgery, radiation and chemotherapy. *For ages 5-9.*
- Rosenberg, Doris. **Talking Lady Presents: Having a Brain Tumor**. Toronto, Canada: Talking Lady Press, 1996.
An illustrated book for kids diagnosed with a brain tumor. Explains brain tumors and brain surgery. Emphasized the importance of expression, artistic and verbal. *For kids ages 5-10.*
- American Brain Tumor Association. **Alex's Journey**. Des Plaines, IL: American Brain Tumor Association, 1994.
The story of an eleven year old boy diagnosed with a brain tumor.
For ages 9-14.

Leukemia

- Wescott, Patsy. **Living with Leukemia**. Austin, TX: Raintree Steck-Vaughn Publishers, 2000.
The story of three kids who have leukemia. Describes the disease and suggests ways of coping. *For children ages 4-12.*
- Moehn, Heather. **When Someone You Know Has Leukemia**. New York, NY: Rosen Publishing Group, 2000.
Overview of leukemia *for kids ages 12-18*. Intended for friends and relatives of patients.
- Apel, Melanie Ann. **Coping with Leukemia**. New York, NY: Rosen Publishing Group, 2001.
Includes medical explanations of leukemia and tips from teenage patients. Has a chapter *for teenage siblings* and discussion of the emotional side of living with cancer.

VHS/DVD

- **My Hair's Falling Out...Am I Still Pretty?** Necessary Pictures Film & Media, 1992. (22 minutes)
Live action, dance, animation, and music tell the story of two hospital roommates living with childhood cancer. The story is told from the point of view of a physician who had cancer as a child, explaining diagnostic tests, hospital procedures, and the effects of chemotherapy and hair loss.

Brain Tumors

- American Brain Tumor Association. **Alex's Journey**. Des Plaines, IL: American Brain Tumor Association, 2000. (30 minutes)
Based on the book mentioned above, the video focuses on the diagnosis and surgery. *For ages 9-14.*

Leukemia

- Leukemia and Lymphoma Society. **A Little Help From My Friends: Living with Leukemia and Lymphoma**. New York, NY: Leukemia and Lymphoma Society, 1999 (20 minutes).
For children ages 6-12.
- Leukemia and Lymphoma Society. **Making the Grade: Back to School after cancer for Teens**. New York, NY: Leukemia and Lymphoma Society, 1999 (20 minutes).

Electronic Resources

- **KIDZ with Leukemia: a Space Adventure**
An interactive CD-ROM for children with leukemia (*ages 4-11*), their families, friends and classmates. Available in the pediatric infusion area.
- **Starbright**
An interactive computer network where hospitalized kids from across the nation can interact with a community of their peers, helping each other cope with day-to-day realities of living with an illness. Accessible in the pediatric infusion area and 7west.
- National Marrow Donor Program. **Discovery to Recovery: A Child's Guide to Bone Marrow Transplant**
An educational, interactive DVD and booklet for children ages five to nine, who will be undergoing a marrow or cord blood transplant. To order a free copy access: <http://www.marrow.org/>.

Web Resources

- **ABTA Kids**
<http://www.abta.org/kids/home.htm>
The kids' section of the American Brain Tumor Association's provides kids-friendly information about brain tumors. The site has interactive features and enables children to share their thoughts and engage in activities.
- **Blood Count Information for Kids with Cancer**
<http://pedspain.nursing.uiowa.edu/BCounts/index.HTM>
Characters, illustrations and explanations *for kids ages 5-9*.
- **Captain Chemo**
<http://www.royalmarsden.org/captchemo/>
Videos and cartoon characters explain cancer to kids and teens
- **Cancer Characters**
<http://www.nursing.uiowa.edu/sites/PedsPain/CancerCh/index.htm>
Developed by a pediatric-oncology nurse, these characters help *children ages 3-6* understand cancer and its treatment.
- **Teens Living with Cancer**
<http://www.teenslivingwithcancer.com/>

Email Groups (Listservs)

- **4YOUTH** is an **email discussion group *for children/teens who are cancer survivors***. Hosted by the Association of Cancer Online Resources ACOR (<http://www.acor.org>). To join go to:
<http://listserv.acor.org/archives/4youth.html>

This document is not intended to take the place of the care and attention of your personal physician or other professional medical services. Our aim is to promote active participation in your care and treatment by providing information and education. Questions about individual health concerns or specific treatment options should be discussed with your physician.

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Document #0082/ Revised March 09