



Chemotherapy

Patient Education Resource Center (PERC)
Information Guide

Brochures

- CancerCare. **Understanding and Managing Chemotherapy Side Effects.** Available online at: www.cancer.org/reading.html
- Leukemia & Lymphoma Society. **Understanding Drug Therapy and Managing Side Effects.** Available online at: www.leukemia-lymphoma.org
- National Cancer Institute. **Chemotherapy and You: A Guide to Self-Help during Treatment.** Available online at: <https://cissecure.nci.nih.gov/ncipubs/>
- National Cancer Institute. **Helping Yourself During Chemotherapy: 4 Steps for Patients.** Available online at: <https://cissecure.nci.nih.gov/ncipubs>

Article

- Loprinzi, Charles L.; Moynihan, Timothy J. **Discussing Your Chemotherapy Treatment Options With Your Doctor.** *Coping*; Vol. 19, No. 4, July/August 2005 (p.20).

Books

- Cukier, Daniel. **Coping with Chemotherapy and Radiation.** New York, NY: McGraw-Hill, 2005
- Dodd, Marilyn. **Managing the Side Effects of Chemotherapy and Radiation: a Guide for Patients and Their Families.** New Ed. San Francisco, CA: UCSF Nursing Press, 2001.
Contains a listing of chemotherapy drugs with their specific side effects and a chapter with suggestions for managing chemotherapy side effects.
- Joyner, Brenda L. **ChemoSabe: A Guide to Being a Personal Advocate for a Chemotherapy Patient.** Battery Park, VA: Polonius Press, 2002.

The purpose of this information guide is to direct patients and health care professionals to sources of information on cancer and related topics. This list is not meant to be comprehensive, but rather to provide starting points for information seeking.

The materials can be found at the Patient Education Resource Center of the University of Michigan Comprehensive Cancer Center in room B1-361. An online version of this document can be found at: <http://www.cancer.med.umich.edu/learn/percpathways.htm>

- Lyss, Alan P.; Fagundes, Humberto; Corrigan, Patricia. **Chemotherapy and Radiation for Dummies**. Hoboken, NJ: Chichester: Wiley, 2005
- Wilkes, Gail M. **Consumers Guide to Cancer Drugs**. 2nd. Ed. Sudbury, MA: Jones and Bartlett Publishers, 2003.
Short monographs describing over 200 cancer treatment and symptom management drugs. The book includes an index for generic and trade names.

Audiovisual Resources

- Nessim-Keeney, Susan, Bruce Postman, and Cancervive. **The Road Ahead Coping with Chemotherapy: For Patients and Families**. Los Angeles, Calif.: Cancervive, 2004.
This is a two-program set with one video addressing cancer patients and one video designed especially for family members. 32 minutes.

- Patient Education Institute. **Chemotherapy Interactive Tutorial** at Medlineplus.gov

→ Access at: www.medlineplus.gov.

→ Click on: "Interactive Tutorials" and select from a list.

This slide show utilizes illustrations, sound, and animations to provide basic, easy-to-understand explanations of chemotherapy and its more common side effects. It is possible to turn on a voice over or print a text version.

Web Resources

- **Approved Oncology Drugs** - a section of the FDA site www.fda.gov/cder/cancer/approved.htm
A list of approved oncology drugs with approved indications, and information on how to access drugs that have not yet been approved by the FDA.
- **Chemocare.com** www.chemocare.com
Comprehensive information on chemotherapy including managing side-effects, coping strategies, and complementary therapies. The site is presented by Scott Hamilton, and the content provided by the Cleveland Clinic.

- **What to Expect: A Guide to Chemotherapy**

- Go to : www.mccancer.org
- Click on "Cancer and Treatments"
- Click on "Chemotherapy"
- In the left sidebar click on "What to Expect from Chemotherapy"

A guide to chemotherapy at the University of Michigan Comprehensive Cancer Center. It includes advice on preparing for treatment and dealing with practical, social and medical aspects of chemotherapy treatment.

- **MedlinePlus. Drugs, Supplements, and Herbal Information.**

- To access online go to: <http://medlineplus.gov>
- click on: "Drug and Supplements".

Drug information monographs for prescription and over-the-counter medication information is from MedMaster™[†], a product of the **American Society of Health-System Pharmacists (ASHP)**.

This document is not intended to take the place of the care and attention of your personal physician or other professional medical services.
Our aim is to promote active participation in your care and treatment by providing information and education.
Questions about individual health concerns or specific treatment options should be discussed with your physician.

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